

THE GREEN TABLE

DAYTIME FOOD MENU

Available every day from 9am – 5.30 pm

BRUNCH 9am – 3pm

BREAKFAST BOWL

Homemade granola, cinnamon,
banana, agave, berries, cacao nibs, seeds,
Greek or coconut yogurt (GL, MI, NU) £10

BREAKFAST BAP (GL)**

Smoked back bacon £9
Devon gluten free pork sausage (SU) £9
Vegan gluten free Sausages (SU) £9
Riverside Farm Free Range Fried Eggs x 2(EG) £8

HYLSTEN BAKERY ORGANIC

SOURDOUGH (GL) **

Smashed Avo, feta, chilli flake (MI) £12
Poached free range eggs hollandaise (EG, MI) £12
Wild mushrooms, tarragon, goats
cheese, artisan sherry vinegar (MI) £13
House baked beans, mature cheddar (MI) £12

Added extras:

Poached egg (EG) +£2
Smashed avocado +£4
Two rashers bacon +£3
House baked beans +£3

TOASTED CRUMPET LOAF (GL)

Hot smoked salmon, spinach,
poached egg, hollandaise (EG, FI, MI) £14

TOAST

Two slices sourdough & butter (GL**, MI)
With marmalade or strawberry jam £5
With organic peanut butter (PE) £6
One slice sourdough & butter (GL**, MI) £2.5

FRESHLY BAKED PASTRIES

from £3

All Butter Croissant (GL, EG, MI)
Almond Croissant (GL, EG, MI, NU)
Pain au Chocolat (GL, EG, MI, SO)

DELI SANDWICHES ON ROMANO FLATBREAD (GL)**

Hot Smoked Salmon lemon cream cheese (FI, MI) £12
Pastrami dill pickles, swiss
cheese, mustard mayo (EG, MI, MU) £11
Devon Ham mature cheddar
apple chutney, salad leaves (MI, MU) £10
Brie with apple, celeriac slaw and grapes
(CE, EG, MI, MU) £11
Smoked Chicken, cos lettuce,
smoked bacon, tomato, mayo (EG, SO) £11
Soy Marinated Tofu (Vegan)
Lime mayo, kimchi, Korean bbq tofu (SO, SU) £10

FOR CHILDREN (12 yrs & under)

Cheese toastie (GL**, MI) £6
Beans on toast (GL)** £6

SALAD BAR

£11

Selection of freshly prepared salads
with house dressing (GL, EG, MU) or basil oil

SOUP OF THE DAY

£9

Homemade soup with toasted
Organic sourdough & butter (GL**, MI)

HOME MADE FRITTATA

£13.5

Served with salad (MI, EG)

VEGETABLE LENTIL DAHL

£13

Mango chutney, pomegranate
Toasted sourdough (GL) (Vegan)

HOME MADE SAUSAGE ROLL

£6

with chutney (GL) (EG) (MI) (SU)

HOMEMADE CAKES, SCONES, TEACAKES

A choice of traditional, gluten free & vegan
at the counter

** Gluten Free supplement available

+£1

ALLERGENS INFO Please be aware that our kitchen handles some ingredients which contain allergens. We take care but we cannot guarantee the absence of trace allergens

Allergen Key: CE celery, CR crustacean, EG egg, FI fish, GL gluten, LU lupin, MI milk,
MO mollusc, MU mustard, NU nuts, PE peanuts, SE sesame, SO soya, SU sulphites

